

SBQ
Stew'n, Brew'n, & Que'n
(843) 693-9797
SBQcatering@ Gmail.com

Traditional "Southern Comfort Food" Menu

Stew'n

Sausage and Chicken Gumbo
Jambalaya
Chicken Bog
Crawfish Etouffee
Shrimp Creole

Que'n

Beef

Mesquite Smoked Brisket
Marinated Flank Steak
Hamburgers

Pork

Hickory Smoked Babyback Ribs
Hickory Smoked Pulled BBQ Shoulder
Hot Dogs
Brats

Fowl

Smoked Turkey Breast
Grilled/Smoked Chicken Wings
Beer Can Chicken
Grilled BBQ Chicken

Outdoor Get-Togethers

Fish Fry
Oyster Roast
Frogmore Stew
Whole Hog

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Gourmet Menu

Stew'n

Duck and Sausage Gumbo

Seafood Gumbo

Seafood Jambalaya

Que'n

Beef

Smoked Whole Tenderloin

Smoked Prime Rib Roast

Grilled Ribeye, T-Bone, Porterhouse, Filet Mignon

Pork

Smoked Pork Tenderloin

Marinated Pork Chops

Lamb

Lamb Chops

Leg of Lamb

Duck

Planked Grilled Duck Breast

Smoked Whole Duck

Seafood

Planked Smoked Seafood Platter

Smoked Salmon

Smoked Tuna

Smoked Swordfish

Seared Scallops

Grilled Seafood Kabobs

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Lowcountry Specialties and Delights

Our coastal community is home to a variety of time honored seafood treats that has distinguished Charleston as the “jewel of Lowcountry cuisine”.

Menu

Starters

Pickled Shrimp
Smoked Shrimp Dip
Smoked Bluefish Dip
She Crab Soup
Charleston Fish Soup
Grouper Cubillon

Entrees

Shrimp and Grits
Garlic Crabs
Lowcountry Paella
Baked Flounder
Shrimp Stuffed Green Peppers
Shrimp Pilau
Wadmalaw Island Crab Cakes
Huguenot Shrimp and Oyster Bake

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Sides

Macaroni and Cheese
Rice and Hash
Red Rice
Dirty Rice
Hoppin' John
Baked Potatoes
French Fries
Roasted Garlic Mash Potatoes
Roasted Sweet Potatoes
Sweet Potato Casserole
Grilled Vegetables
Roasted Vegetables
Squash Casserole
Southern Green Beans
Southern Pole Beans
Butterbeans
Black Beans and Rice
Baked Beans
Southwest Baked Beans
Collard Greens
Garlic Spinach
Stewed Cabbage
Corn on the Cob
Maque Choux
Cole Slaw

Many of our items are seasonal. Please call or e-mail ahead
for availability and price.

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Traditional Sandwiches and Lunch items

Pulled BBQ Sandwich
Sloppy Jims (BBQ Pork and Hash)
Brisket Sandwich
Pulled Jerk Chicken Sandwich

Chicken Salad
Shrimp Salad
Tuna Salad
Smoked Turkey and Cheese
Smoked Ham and Cheese

Light and Healthy

Sandwiches

Opened Faced Chicken and Muenster Sandwich with Apricot Dijon
Opened Faced Flank Steak Sandwich
Roasted Red Pepper Spread Sandwich
Pear, Pecorino, and Prosciutto Panini
Falafel Pita
Tomato, Arugula, Pancetta Sandwich
Mediterranean Chicken Salad Pita
Grilled Portabella, Bell Pepper, and Goat Cheese Sandwich
Prosciutto and Mozzarella Sandwich

Salads

Asian Chicken Salad
Arugula, Grape, and Sunflower Seed Salad
Mesclun with Berries and Spiced Sweet Almonds
Curried Chicken Salad with Nectarines
Chickpea Salad with Cilantro Dressing
Spinach Salad with Gorgonzola, Pistachios, and Pepper Jelly Vinaigrette
Arugula Salad with Goat Cheese, Bacon, and Balsamic-Fig Dressing
Tomato and Cucumber Salad
Black Lentil and Couscous Salad
Spinach Salad with Maple Dijon Vinaigrette
Mango and Black Bean Salad
Asian Green Bean Salad